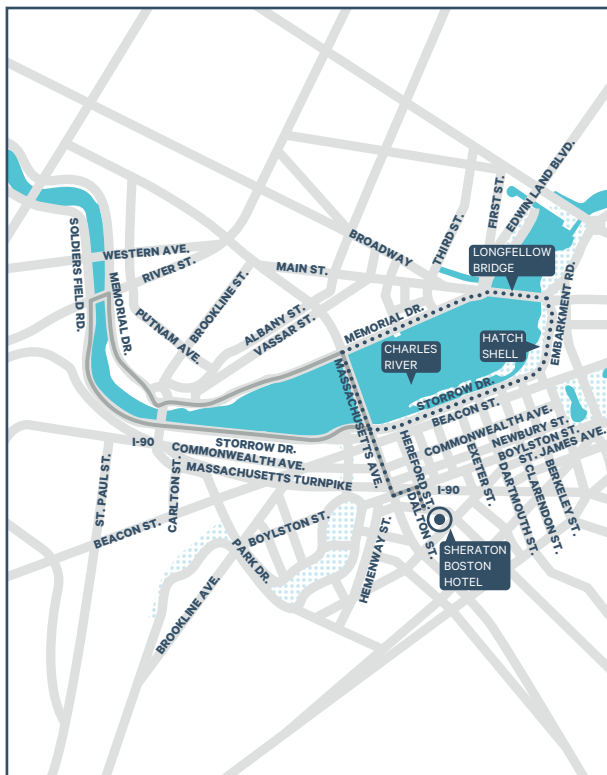


Sheraton®

# FITNESS

## RUNNING MAP



..... 4 MILE

———— 6 MILE

## SHERATON BOSTON HOTEL

T (617) 236-2000

[www.sheratonbostonhotel.com](http://www.sheratonbostonhotel.com)

### 4 MILE ROUTE

1. Turn R out of the hotel onto Dalton St.
2. Go up hill and turn L on Boylston St.
3. Turn R onto Massachusetts Ave.
4. Cross the bridge over the Charles River and turn R onto the Memorial Dr path.
5. Turn R onto the Longfellow Bridge sidewalk and cross bridge.
6. Take the footbridge over to the Esplanade.
7. Follow the Esplanade path past the Hatch Shell to the Massachusetts Ave Bridge.
8. Turn L on Massachusetts Ave.
9. Turn L on Boylston St.
10. Turn R onto Dalton St to return to hotel.

### 6 MILE ROUTE

1. Turn R out of the hotel onto Dalton St.
2. Go up hill and turn L on Boylston St.
3. Turn R onto Massachusetts Ave.
4. Cross the bridge over the Charles River and turn L onto the Memorial Dr path.
5. Follow the Memorial Dr path to the Western Ave Bridge.
6. Turn L to go over the bridge.
7. Turn L onto the Storrow Dr path.
8. Turn R on Massachusetts Ave.
9. Turn L on Boylston St.
10. Turn R onto Dalton St to return to hotel.

Disclaimer Notice: As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the Hotel. The identified routes are on City public streets and ways. As the Hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The Hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.